



MOWBRAY HEIGHTS PRIMARY SCHOOL

Issue No. 15 27th May 2020

Dear Families

It was so lovely to see almost all of our children back at school this week. The smiles and excitement on their faces was a joy to behold. Watching students re-connect with their friends, classmates and our staff was just beautiful. It was a clear reminder about just how special our school and community are.

Thank you very much for supporting our temporary physical distancing measures. Please keep following our Stop, Drop and Go, and Collect and Go procedures. We encourage you to continue discussing your family's drop-off and pick-up arrangements with your child to alleviate any uncertainty.

Advice still remains that the biggest risk of transmission of COVID-19 on school sites is from adults congregating. If you have a message for your child's teacher please email them or call the school office on 63 261892. We want to make school as safe as possible for everyone. *Sharon*



Staff News

We send our best wishes to Mrs Chalmers who is heading off on maternity leave. First babies are so exciting and we look forward to meeting baby Chalmers!



Miss Danni Pickett joins our teaching team, replacing Mrs Chalmers.

Miss Pickett is teaching 3/4 Literacy Support, Library and 5/6 McKenzie Pickett on Fridays. Welcome to MHPS!

Chaplaincy Week

This week we celebrate Chaplaincy Week and in particular our Chaplain Sonya. I asked some students to describe Sonya and this is what they had to say ...

inspiring, funny, creative, energetic, kind, fun, beautiful, like a best friend

Thank you Sonya for being our Chaplain and being there for all members of our school community.



Year 6 Leavers Tops have arrived and have been delivered to the students. Needless to say they were very excited to receive them!

Here is our new Canteen Menu for the remainder of this term and for Term 3. The menu has a slightly different layout with the Vegetarian options located in the one area. We are also highlighting our Gold Accreditation. We have uploaded the menu onto our website and App.



MOWBRAY HEIGHTS PRIMARY SCHOOL - COOL CAP CANTEEN MENU: 2020 Term 2 & 3

CANTEEN DAYS:

Tuesday, Wednesday, Thursday & Friday



SANDWICHES

(fresh or toasted / white or wholemeal bread)

Chicken	\$2.00
Ham	\$2.00
Tuna	\$2.00
Vegemite	\$1.50
Egg	\$1.70

Additional fillings:

Lettuce	70c
Cheese	70c
Pineapple	70c
Beetroot and/or Red Onion	70c
Tomato	70c
Grated Carrot	70c
Toasted Ham and Cheese	\$2.70
Toasted Cheese	\$1.70



WRAPS

(fresh or toasted)

Chicken	\$2.20
Ham	\$2.20
Tuna	\$2.20
Vegemite	\$1.70
Egg	\$1.90

Additional fillings:

Lettuce	70c
Cheese	70c
Pineapple	70c
Beetroot and/or Red Onion	70c
Tomato	70c
Grated Carrot	70c

RECESS SPECIALS - Check the daily board!

** Also offering soup & nachos **



WEEKLY LUNCH SPECIALS

Tuesday: Chicken burger with lettuce, cheese and pineapple	\$4.00
Wednesday: Lasagne	\$4.00
Thursday: Fried Rice with Chicken	\$4.50



EVERYDAY HOT FOOD

(Optional extras: Tomato sauce - free. BBQ sauce - 20c)
(Please write on your lunch order)

Chicken Nuggets	80c
Chicken Nuggets (gluten free)	80c
Magnificent 7 Party Pie	\$1.70
Sausage Roll	\$3.00
Pizza: Cheese, Ham and Pineapple	\$3.50



TURKISH BREAD

(fresh or toasted)

Ham, cheese and pineapple	\$4.50
Chicken, cheese and tomato	\$4.50

Fruit Cups	\$1.00
Yoghurt	\$1.00
Icy Poles	\$1.00



Seasonal fruit will be sold at market prices



VEGETARIAN

(fresh or toasted)

Sandwich - Choice of 3 fillings	\$2.10
Wraps - Choice of 3 fillings	\$2.30
Turkish Bread - Choice of 3 fillings	\$4.00
Fillings - Lettuce, Cheese, Pineapple, Tomato, Beetroot, Red Onion, Grated Carrot	
Toasted Cheese	\$1.70
Corn Cobbettes	90c
Pizza: Tomato, Cheese, Spinach and Capsicum	\$3.50

LUNCH SPECIALS

Wednesday: Mac and Cheese	\$4.00
Thursday: Vegetable Pasta	\$4.50



DRINKS

Bottled Water (600ml)	\$1.00
Juice - Apple or Orange	\$1.20
Calci-yum Chocolate Flavoured Milk	\$2.30
Smoothie - Mixed Berry	\$2.00
Nippy's Flavoured Milk:	
Iced Banana (375ml)	\$2.30
Honeycomb (200ml)	\$2.30
Strawberry (200ml)	\$2.30

ACCREDITED
SCHOOL
CANTEEN



TASMANIAN SCHOOL CANTEEN ASSOCIATION
Mowbray Heights Primary School

COVID-19 mobile testing unit in Mowbray this week

Tuesday 26 May
Wednesday 27 May
Thursday 28 May

10am - 3:30pm
each day

at Mowbray
Racecourse

If you have any cold
or flu symptoms, you
should be tested for
COVID-19.

This includes fever,
runny nose, cough, or
a sore/itchy throat.



Drive up
testing
available

No
bookings
required

COVID-19
INFO



CONTACT DETAILS

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